



# BOMU HOSPITAL

Health • Hope • Humanity

## ANNUAL REPORT

JAN TO DEC 2022

Bomu Hospital is a not for profit registered and recognized non-governmental healthcare organization. It is a project of Mkomani Clinic Society (MCS), an entity that came into existence in the late 70's when a group of citizens who were conscious of the dire lack of accessible, affordable health care services for the poor and destitute, got together and established a small outpatient facility in the Mkomani area of Mombasa Kenya. In the last 40 years, the Society has grown, and so has its activities. Today, MCS operates the Bomu Hospital, its flagship institution that is located in Changamwe, close to the Moi International Airport. The facility has several health care programs that cater to the health care needs of the poor, malnourished and the HIV affected and afflicted.

The year started off with a courtesy call by H. E. The High Commissioner of Pakistan, Saqlain Syeda, on 17th January 2022. The High Commissioner invited Bomu to the first Engineering and Healthcare Expo in Lahore organized for the East African Community.

Visitors from Safari Doctors and University of California during their tour of the hospital in Changamawe. The visitors also toured our satellite medical centers. Looking forward to a great partnership.



Our exceptional performance in the TB program was acknowledged by the Kilifi County TB ARC II program. The program donated an infrared thermometer to our medical center in Mariakani.



On 4th March 2022, The Israel Ambassador to Kenya, H.E. Michael Lotem and the Deputy Ambassador Dvora Dorsman Yarkoni paid a courtesy call to Bomu Hospital. We look forward to a great collaboration.

The fourth of February marks World Cancer Day. Bomu marked the day by creating awareness on the common types of cancer emphasizing on prevention and early diagnosis.



The senior management team of Bomu Hospital visited Lahore, Pakistan for the first Healthcare and Engineering Expo for the East African Community. The team successfully interacted with pharmaceutical manufacturers across Pakistan.



An inspiring visit - Bomu Hospital CEO—Dr. Aabid Ahmed and the Senior Management Team during a visit to the Hatim Alavi Library in Karachi. The Bomu Hospital is proud to be associated with the children and grandchildren of Late Hatim Alavi.



CEO Bomu Hospital Dr. Aabid Ahmed and the Senior Management Team met with the CEO Aga Khan University Hospital Karachi—Shahid Shaifi and his team at the Aga Khan University Hospital in Karachi.



The World TB Day is marked annually on 24th of March. Every year, Bomu plays a crucial role, in collaboration with the County Government, in planning and executing the event. This year, Bomu hosted the planning meeting at the main hospital.



On World TB Day, Bomu Hospital partnered with the County and Sub-County Health Management Teams to create awareness and promote early screening, diagnosis, and treatment. The Community Health Volunteers and nurses participated in the procession at Sisi Kwa Sisi ground to mark the day.



The team of Bomu Hospital at the Makadara Grounds to commemorate the NGO week. The team provided free Blood Pressure, Blood Sugar, and HIV Testing and Counseling services.

The NGO week was marked from 14th—18th March 2022. Bomu Hospital is the largest NGO in the Coastal Region providing holistic care to our patients.

Bomu Hospital conducted a free general medical camp at Majlis Al-Ma'arif Al-Islamiyyah in Amkeni. Over 200 children and teachers were triaged, seen by our clinicians, and given free medication.





Bomu Hospital CEO, Dr. Aabid Ahmed, in an introductory meeting with the Lamu County CEC, Dr. Victor Tole. Bomu Hospital conducted a fistula sensitization training for the healthcare workers in Lamu County.



22nd March marks the World Water Day. Bomu reached out to its clients, through Project Sunshine volunteers and Youth Peer Mentors, sensitizing them on water, sanitation, and menstrual hygiene management at Bomu Hospital Changamwe.



Bomu Hospital in collaboration with the Taveta Sub-County is working towards creating awareness on fistula. As a first step, we sensitize healthcare workers. Dr. Nashina Mohamed makes a presentation to the Sub-County team in Taveta.



Our Social Programs team celebrated the DREAMS (Determined Resilient Empowered AIDS-free Mentored and Safe women) graduation ceremony this week where 3635 adolescent girls and young women graduated across 10 wards in Mombasa County.



Bomu Hospital joined hands with the Rotary Club of Mombasa Downtown at the Little Faces Primary School in a free general medical camp. Over 300 beneficiaries received free consultation and treatment.



The clinical team provided first-aid services at the National Police/Community Sports Day held at the Bomu Stadium on 2nd April 2022.



Sixty Community Health Volunteers (CHVs) from Bomu Hospital were trained in Reproductive Health and Family Planning by facilitators from Mombasa County Health Management Team.



Dr. Aabid Ahmed, CEO Bomu Hospital, receiving feedback from the NASCOP and Mombasa County Audit Team on the successful HIV Testing Services (HTS) Service Quality Audit (SQA) that took place at the main hospital.



The hospital organized a five-day intensive training on Integrated TB management for Health Care Workers (HCWs). Twenty-five HCWs from Bomu Hospital and Affiliated sites attended the training from the 4th to the 8th of April at the main hospital.



Bomu Hospital supports the Community Health Volunteers (CHVs) with Income Generating Activities. In April, we donated a water tank to the Kibaoni Support Group whose members will sell the water to earn an income.



The Project Sunshine team at Bomu Hospital celebrates the birthday of all children born in the month. In April, 35 children at Wema and 27 children in Changamwe celebrated their birthday with a cake, face painting, and coloring activities.



On 21st April 2022, the provider experience, strategic purchasing, and marketing team from Jubilee Insurance recognized Bomu Hospital as the most affordable institution in the Coast region for inpatient services.



The Police Commander, Mr. David Mathieu, getting his blood pressure reading at a two-day free medical camp hosted by Bomu Hospital for all Police Officers in Changamwe Sub-County.



Bomu Hospital partners with Smile Train to run a FREE Cleft Lip and Cleft Palate Reconstructive Program at the Hospital. The surgeries are conducted throughout the year by our Maxillo Facial Surgeon, Dr. Solomon Mark Mlamba. Our babies go home with a beautiful contagious smile and our mothers are relieved of a great burden.



Dr. Nashina Mohamed—the Program Coordinator at Bomu Hospital representing Bomu in the Mombasa HIV Technical working group meeting chaired by Dr. Salma Swaleh—County Director of Public Health at the Mombasa County Public Health Boardroom.





The Sub-County AIDS Coordinators (SCACs) from Mombasa, Kilifi, and Kwale counties attended a community support group meeting at Bomu Hospital, Changamwe. The SCACs, who oversee fourteen constituencies within Bomu's catchment area, deliberated on issues of client adherence, differentiated care, and supportive supervision in support group management

U=U (Undetectable=Untransmittable) is an HIV prevention strategy that focusses on attaining undetectable viral load in patients with HIV. Bomu hosted a four day sensitization training for Health Care Workers from Mombasa, Kilifi, and Kwale Counties at the main hospital.



Bomu Hospital distributed 188 dignity packs to girls in Changamwe Primary School and Kimbilio Junior School. Each dignity pack contains a toothbrush, toothpaste, soap, towel, sanitary pads, panties, and body lotion.



International Center for AIDS Care and Treatment Program (ICAP) Ethiopia with University of California San Francisco (UCSF) Kenya team at Bomu Hospital for a benchmarking visit for the Kenya Electronic Medical Records (EMR).



Our newly refurbished pediatric ward creates an environment that fosters healing. Thank you to our partners Smile Train, for making this possible.



Bomu Hospital is proud of the partnership with the Centers for Disease Control and Prevention (CDC). The CDC Kenya team visited Bomu Hospital Changamwe to provide technical support and guidance. We join hands in bringing the HIV epidemic control in the region.





Our Legal Advisors are the country's top advocates—Africa Legal Network (ALN). ALN has been a great supporter of Bomu Hospital since its inception. We were pleased to host Mr. Adil Shafi, Mr. Khurram Khan, and Mr. Atiq Anjarwalla of Anjarwalla, Collins, and Haidermota from Dubai at Bomu Hospital.



To commemorate World Fistula Day on 23rd May 2022, our Chief Medical Officer, Dr. Maryam Said, and the Fistula Outreach Coordinator, Safina Ramadhan, presented a talk show on Radio Sauti Ya Pwani. The audience was sensitized on Obstetric Fistula, its causes, signs and symptoms, and the free surgical program available at Bomu Hospital.

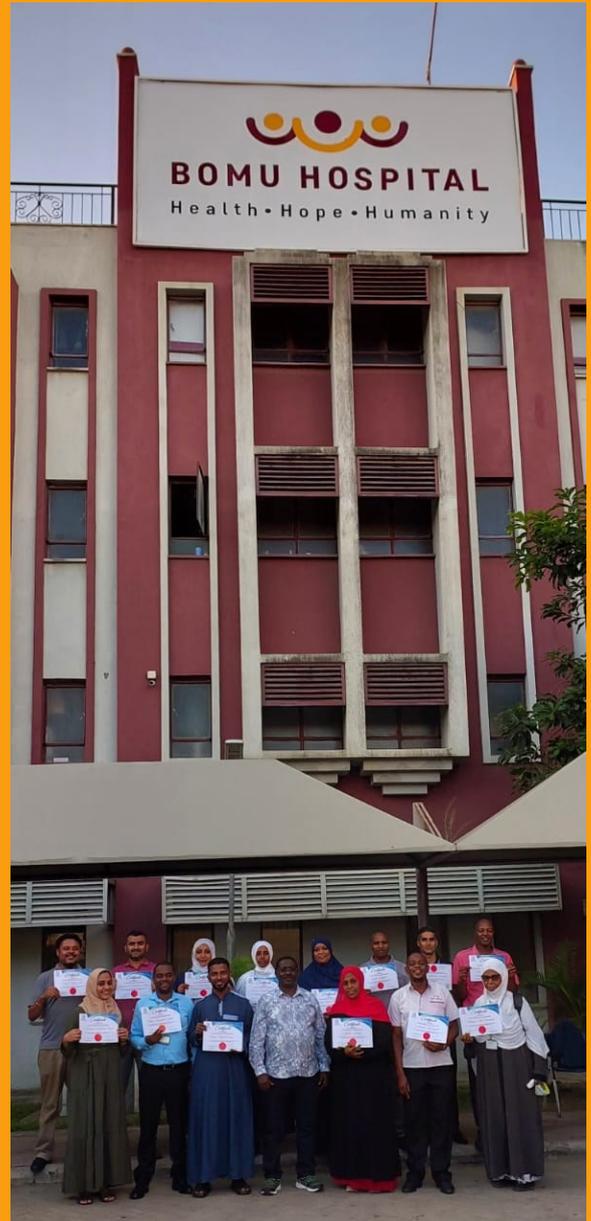


On 23rd May 2022, Bomu Hospital's Community Health Volunteers marked the International Day to End Obstetric Fistula in six counties across the Coast.

A two-day Executive Leadership and Management Skills Development training for senior manager of Bomu Hospital conducted by Global Training and Management Consultancy.



Bomu Chief Medical Officer, Dr. Maryam Said, with Dr. Khadija Shikely, the County Chief Officer at the Mombasa County Department of Health five day meeting to plan the first draft of the Quality Improvement Policy.



Bomu Hospital continues with its pledge to fight against Tuberculosis. Our Centers in Likoni and Wema received recognition for their outstanding efforts in active case finding.



On Saturday 18th June, Project Sunshine organized a Youth Fun Day at Bomu Medical Center Wema to mark one year since the inception of the program at Wema. 126 children and families engaged in creative art, games, birthday celebrations, dance, balloon modelling, face painting, and health talk on Gender Based Violence.



On Sunday 26th June 2022, Lions Medical Centre, Social Service League, and Bomu Hospital joined hands to provide free eye check-up. A total of 396 patients were seen and 37 were referred to Lions Medical Centre for cataract surgery.



The Bomu Hospital program team along with Youth Peer Educators and DREAMS mentors at the RHAY (Reducing HIV/AIDS in Youth) conference in Kisumu. The Youth Peer Educator from Bomu Likoni recited a poem on U=U (Undetectable=Untransmittable).



Our Project Sunshine team works round the clock to bring a smile on the faces of our children. One way they achieve this is by celebrating—in a big way—the birthdays of these angels.



On 24th June 2022, Bomu Hospital staff conducted a COVID-19 vaccination drive at the Kenya Petroleum Refinery Limited. A total of 58 clients received their COVID-19 vaccination.





We are proud of our partners who believe in our philosophy of Health Hope Humanity. In marking the Global Community Day, Citibank partnered with Toto Care Box to provide Bomu Hospital with 100 kits for newborns and their mothers. In addition, Citibank also donated food ration.



"A peaceful mind is a focused mind". The staff of Bomu Hospital learnt practical ways of focusing on their inner self to cultivate a calm, peaceful, and focused mind. The inspirational talk was given by the Brahmakumaris.



Our partnership with Smile Train has restored over 300 smiles. This has been made possible through continuous training of our doctors and nurses to ensure international standards are maintained in providing such specialized care.



Dr. Abraham Katana—the Project Officer CDC, Kenya, led the SI team from CDC together with representatives from HealthStrat and Palladium Kenya for an audit of the SI systems at Bomu Hospital and its branches.



Bomu has a very long history of community outreach programs dating back to the days when Community Health Volunteers (CHVs) had to spread family planning messages in community settings. The model has evolved over time and now Bomu has an intrinsic network of community outreach programs. A retreat with the CHVs in a relaxing environment enables them to rewind and share their field experiences.



In October 2022, Bomu conducted its first Arthroscopic ACL repair surgery. The surgery is a minimal invasive procedure where a special camera and surgical tools are inserted into the knee through small holes. This results in faster recovery and shorter duration of stay in the hospital. The surgery was conducted by Dr. Arif Admani.



Bomu marked the World Hospice and Palliative Day. This is an annual unified day of action to celebrate and support hospice care world wide. Bomu Hospital has a special palliative unit where clients deserving such services are attended to with utmost dignity and respect.

Dr. Aabid Ahmed—CEO Bomu Hospital with Dr. Lucy Nganga—Deputy Director of Programs—Division of Global HIV and TB, CDC after a three day planning meeting on HIV Prevention, Care, and Treatment for the year 2023.



In mid-November, Bomu Hospital supported the Muslim Kumbhar Jamat in a free medical camp. The hospital provided examination beds, screens, some consumables, and human resource.

Bomu Hospital donated Pill Boxes to the Little Sisters of the Poor in Tudor.



Bomu Hospital marks the successful completion of a six year HIV program funded by the CDC-PEPFAR. The hospital is grateful to the County leadership for its support, supervision, and guidance.

Dr. Aabid Ahmed—CEO Bomu Hospital during a courtesy call to the Chief Officer Medical Services, Mombasa County Dr. Khadija Shikely.



This year, Bomu Hospital participated in the annual Mombasa ASK show at the Mkomani showground. Visitors were sensitized on the various services and programs offered by the hospital. Additionally, visitors received free blood sugar and blood pressure readings.



MCA Mji wa Kale—Abdulrahman Hussein paid a courtesy call at Bomu Medical center Old Town. The MCA was particularly interested in the DREAMS program at Bomu. His determination and commitment to assist improve the lives of adolescent and young women is worthy of mention.



During the first week of December, the CDC conducted a Site Improvement through Monitoring System (SIMS) audit at all Bomu sites. The audit is aimed at improving the programs and provide better outcomes for our clients.



Managers at Bomu Hospital received a comprehensive training on the Data Protection Act by Sonal Sejpal and Wangui Kaniaru—both partners at Africa Legal Network. We are grateful to Anjarwalla and Khanna Mombasa and Nairobi offices for facilitating this crucial training.



The TB Reach Wave-9 project donor and Population Services (PS) Kenya team visited Bomu Hospital to review the implementation of the project activities, including data quality. The team was impressed by the quality of care and data at the hospital's TB clinic.



The Project Sunshine team reached a record 471 children during the Youth Fun Day held at Bomu Medical Center Al Walidayn on Saturday 26th November 2022. Activities included birthday celebrations, face painting, balloon modelling, dance and coloring competition, and various games.



The partnership between Fistula Foundation and Bomu Hospital has resulted in over 120 patients receiving free fistula surgeries per annum at Bomu Hospital. The foundation conducted a supportive supervision and a monitoring and evaluation visit to the main hospital.



Visiting students from Kenyatta University at Bomu Hospital for practical attachment and hands-on learning experience. Bomu is proud to partner with local and international universities for attachments, electives, and benchmarking visits.



The management of Bomu Hospital recognizes employees who go the extra mile to make our customers feel cared. Our receptionist and cashier, Ms. Dogo Kombo, received a token of appreciation for her outstanding customer service at the outpatient department.



Our team hosted the NASCOP team for a national Data Quality Audit (DQA) at Bomu Hospital Changamwe and Bomu Medical Center Mariakani. Data quality is the core of our CDC programming as we journey towards excellence.



## Our sites



**Bomu Hospital Changamwe**



**Bomu Medical Centre  
Likoni**



**Bomu Medical Centre  
Mariakani**



**Bomu Medical Centre  
Wema**



**Bomu Medical Centre  
Timboni**



**Bomu Medical Centre  
Al-Walidayn**



**Bomu Medical Centre  
Old Town**



**Bomu Archives - Tudor**



**Bomu Mikindani  
Sewing Center**



**DREAMS Mtopanga**



**DREAMS Timbwani**



**DREAMS Miritini**



**DREAMS Shanzu**

## Donate and become a Friend of Bomu

Your valuable contribution and donation to this worthwhile organization can be sent through the options below:

- Bank Transfer
- Cheque
- MPesa

### Bomu's bank details:

Account Name: Mkomani Clinic Society

Account Number: 0203046006

Bank Name: Diamond Trust Bank

Swift Code: DTKEKENA

Branch: Mombasa

**Bomu's MPesa details:** Paybill 682894; Account: Donation

### Through your Donation, you can:

- feed ONE orphan for USD 700 per year
- reimburse a needy pregnant mother for her Antenatal visits for USD 200 per pregnancy
- Sponsor a normal delivery for a very poor pregnant mother for USD 200
- treat a diabetic patient (on oral medication) for the whole year at USD 500
- treat a diabetic patient (on insulin) for the whole year at USD 700
- treat a patient with high blood pressure for the whole year at USD 400

