



Sponsor **DREAMS**

Program by Bomu in collaboration with the
Centre for Disease Control and Prevention



Content

1. Introduction

2. Facilitating DREAMS

3. Our impact

4. Funding of the DREAMS Program

5. Our ask



Introduction



About Bomu: A Legacy of Care

Bomu has been providing access to quality healthcare for underserved communities for over 45 years

Origins and Growth:

- **1979:** Founded as Mkomani Clinic in Mombasa, offering free healthcare to underserved communities.
- **1982-1986:** Expanded to Voi and Changamwe (Bomu Clinic). The **European Union** also came on board to support Bomu's expansion.



Present-Day:

- **Service offering:** Evolved into a fully fledged hospital; providing HIV care to **over 31,000 patients**;
- **Extensive Network:** **14** outpatient centres (including **7** external facilities that we provide support to), **7 DREAMS sites** which include **5** vocational training centres.

Major Milestones:

- **1990s:** **Planned Parenthood and Family Healthcare Initiative** supported Bomu's reproductive health programs.
- **2000s:** Began managing USAID-funded PEPFAR HIV program, pioneering HIV care in Kenya.
- **2004:** Partnered with **NYU** and **CDC** for PEPFAR grants, achieving recognition as a centre of excellence.



We provide access to **health** to the needy (*between 2019 and 2023 6,128 patients were treated pro bono*)

We turn no one away and treat all patients with dignity which underscores our belief in **humanity**

We bring **hope** to communities through our various social programs (*Over 100,000 individuals impacted by our social programs*)



BOMU HOSPITAL

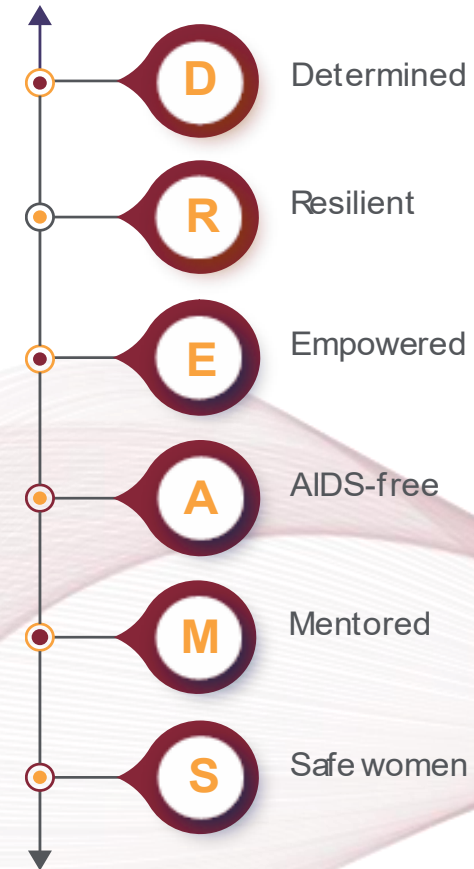
Health • Hope • Humanity

About DREAMS

- DREAMS is a **mentorship program** that aims to empower and mentor adolescent girls and young women (AGYW) between the ages of 10-24 on social, economic and health issues.
- The Bomu Hospital DREAMS program was Launched in 2018 in partnership with the **Center for Disease Control and Prevention (CDC)**.
- The program is funded through Bomu's partnership with CDC and currently has over **20,000 AGYW**.



What does DREAMS stand for?





Facilitating DREAMS



How do we facilitate DREAMS?



Enrollment

- There are two enrolment strategies: household level recruitment and the community approach targeting institutions, facilities etc.
- The adolescent girls and young women who qualify are then attached to mentors.

Interventions

- Constitute primary and secondary interventions.
- Interventions vary depending on the age group of the beneficiaries and the specific AGYW need(s) and or vulnerability.

Graduation

- Once the mentees are no longer at risk of acquiring HIV and have acquired the requisite assets, they can then graduate from the program.

Interventions: Building DREAMS

Ages 10-14:

Primary interventions: There are 24 sessions of Social Asset Building provided within the safe spaces with the AGYW mentors, 7 sessions of training on HIV and GBV prevention, HIV risk assessment (to establish any areas of exposure).

Secondary interventions: post-violence care, education subsidies (school fees support and scholastic materials), HTS (linkage and referral) and STI screening.

Ages 15-19:

Primary interventions: the interventions are similar to ages 10-14 and also include training on contraceptives, HIV risk assessment (to establish any areas of exposure) HIV testing, training on personal finances.

Secondary interventions: provision of condoms, PREP, post violence care for those exposed to GBV, education subsidies and vocational training for those above 18.

Ages 20-24:

Primary and secondary interventions are similar to ages 15-19. They however also get mandatory entrepreneurship training as well as vocational training as part of the secondary interventions.



Graduating DREAMS: Hope & Resilience



Samira Muhammad,
DREAMS Beneficiary, Mentor and owner of Sam Swahili Wear

“My name is Samira Muhammad and I am 21 years old. I come from Likoni, Mombasa. I am a third born in a family of five. I come from a very poor background that also had domestic violence. I heard about DREAMS from other people and decided to join. Through DREAMS I received training on health issues, social and entrepreneurial skills.

DREAMS has had a huge positive impact in my life. For example, I remember when I joined high school, my father did not have money to pay for my school fees and wanted to marry me off, something that is not unusual in Somali communities. **Because of the lessons I received from DREAMS, I was able to resist this early marriage.**

DREAMS also paid for part of my school fees for high school and supported and paid for my vocational training in tailoring. **Because of DREAMS, I was able to open my own tailoring shop which has enabled me to generate income that I am using to support my family.** Currently I am serving as a mentor in DREAMS and I am even training fifteen girls in my shop to equip them with tailoring skills. To me, DREAMS was a blessing from God that has turned around my life.”

If you would like to speak to Samira to hear her story we would be happy to organize.

Graduating DREAMS: Hope & Resilience



Emily Mitoh,
DREAMS Beneficiary and Mentor

“My name is Emily Mitoh, born and raised in Changamwe Sub-County, Airport ward, Soweto village. Before joining the DREAMS program, I was a shy girl with low self-esteem, but through DREAMS, I was able to be trained as a mentor. Through the process of mentorship, I have been taken through the following training; entrepreneurship training, Life skill training, and financial capability training.

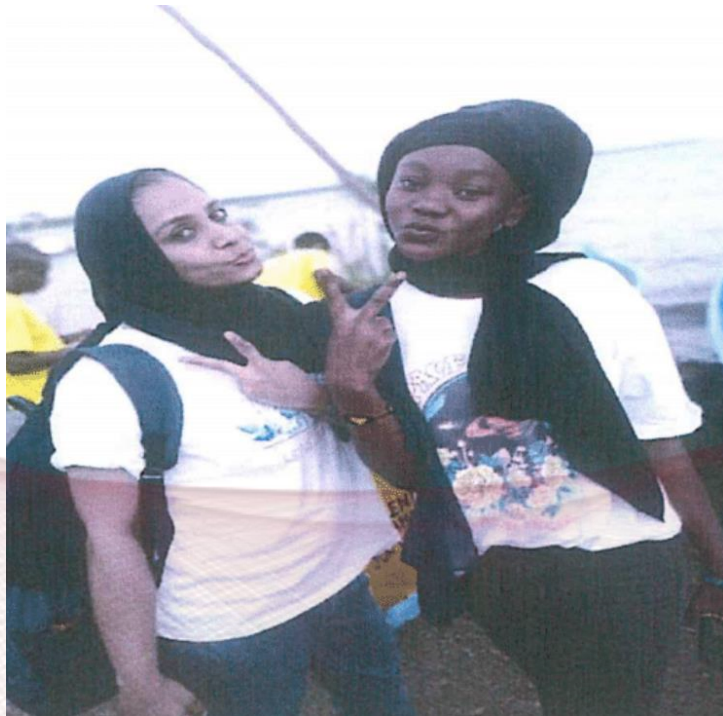
With the skills in entrepreneurship training, I have managed to train more than 100 Adolescent Girls and Young Women (AGYW) in my community. My resilience, passion, and hard work to make my community a better place have been spearheaded by the DREAMS program. I was lucky to be elected as Deputy President Youth leader in my community, and a team lead for mentors under the DREAMS program. Thank you, DREAMS, for your support.”

If you would like to speak to Emily to hear her story we would be happy to organize.

Graduating DREAMS: Hope & Resilience

Amina Said,
DREAMS Beneficiary and mentor

“I achieved the best mentor award of the year in 2022. **With the skills and certificate attained from DREAMS** and linkage by my supervisors in Miritini Ward, **I managed to secure a job.** I am currently working with Fugita Company as a cook helper. Through this job, **I am able to sustain myself and help my family too.** Thank you so much to Bomu Hospital DREAMS Program for the opportunity since my life is not the same again. I am now a very proud, determined, resilient, empowered, aids free, mentored and safe AGYW.”



**Amina Said with Bomu’s Dr. Nashina
at the RHAY Conference in Kisumu**

If you would like to speak to Amina to hear her story we would be happy to organize.

Graduating DREAMS: Hope & Resilience

Faith Mumbua DREAMS Beneficiary



“My name is Faith Mumbua. I was born in 2001 and raised together with my brother by a single mother. I completed high school 2018 and hoped to be a doctor. Unfortunately, I got married in 2019 and got blessed with a son. I was enrolled into the Bomu Hospital DREAMS program in 2023 where I benefitted from six months vocational training in beauty therapy at Memon College. I completed my course and got attachment in a salon where I was being paid daily. I opened a bank account and started savings from the daily earnings. In May 2024, I took a bank loan of 150,000/= kshs from cooperative bank and opened my own saloon and beauty shop. My salon business has picked up well and I’m able to afford my family basic needs comfortably. Thank you so much Bomu DREAMS program for giving me hope in my life. I am now able to take care of my family’s immediate needs easily. I encourage all young girls to join the DREAMS program for a promising future.”

If you would like to speak to Faith to hear her story we would be happy to organize.

Graduating DREAMS: Hope & Resilience

Favour Rasowa Ajuma DREAMS Beneficiary



“My name is Favour Rasowa Ajuma and I am 22 years old. I come from Dhome village in Miritini ward. I got to know about DREAMS through an enroller who came and enrolled me in 2020 immediately after high school where I had no idea on what to pursue. I was able to go through various trainings like financial capability which taught me about saving as well as entrepreneurship skills which equipped me with knowledge on how to choose, start, run, and maintain a business. Since I was still schooling, I decided to start a business for my mum which was charcoal selling. I was also taught SHUGA, where I knew how to behave as a girl and protect myself from HIV/AIDS. In 2021 I was able to apply for a job as a mentor through the village elder and still had my dreams to achieve which led me to apply for a plumbing course in the same Dreams program and did my exam with NITA board of exams and passed which I got a certificate. As per now, am able to secure some jobs in households where I solve plumbing problems like water leakage, not flashing cistern, blocked sink and taps installation. I am so grateful to BOMU Hospital DREAMS Program for the opportunity since my life has not been the same. I am now a very proud Determined, Resilient, Empowered, Aids free, Mentored and Safe AGYW.

If you would like to speak to Favour to hear her story we would be happy to organize.

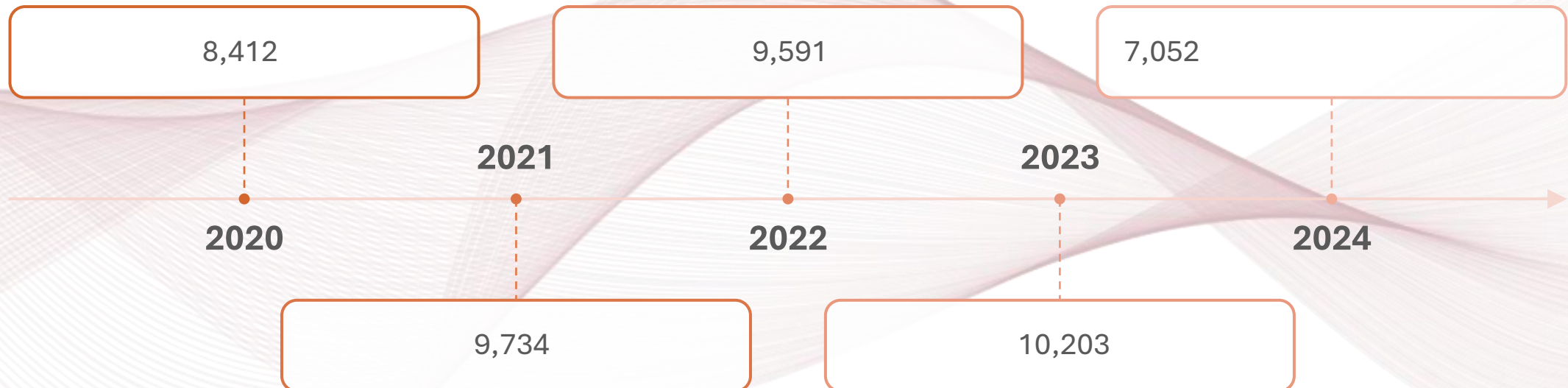


Our impact



Our impact in numbers:

- Below is the number of beneficiaries who have received interventions from the program.
- Cumulatively we have served and impacted 53,495 beneficiaries out which 33,112 have graduated.



Our Impact in Numbers

Year	2020	2021	2022	2023	2024
Number of Beneficiaries who graduated from the program	N/A	1525	4511	16253	10,823
Number of beneficiaries who received vocational training	1,527	1,681	1,462	1,179	1,053
Number of beneficiaries who received school fee subsidies	2,113	2,175	1,120	894	1,984
Number of start up kits issued	287	349	171	64	0
Number of dignity packs issued	5,236	5,138	4,174	3,286	4,200
Number of school uniforms and stationery issued	1,990	1,230	606	372	0

- The benefits available to the beneficiaries in the program is dependent on availability of funding e.g no start up kits, uniforms and stationery were issued in 2024 due to reduction of funding from CDC as a result of the United States Government funding policy.
- The program is also no longer able to support six month vocational training programs and is now only offering the beneficiaries short skills courses.
- By January 2025, should the program not obtain any additional funding, it will no longer be able to support vocational training for the beneficiaries.

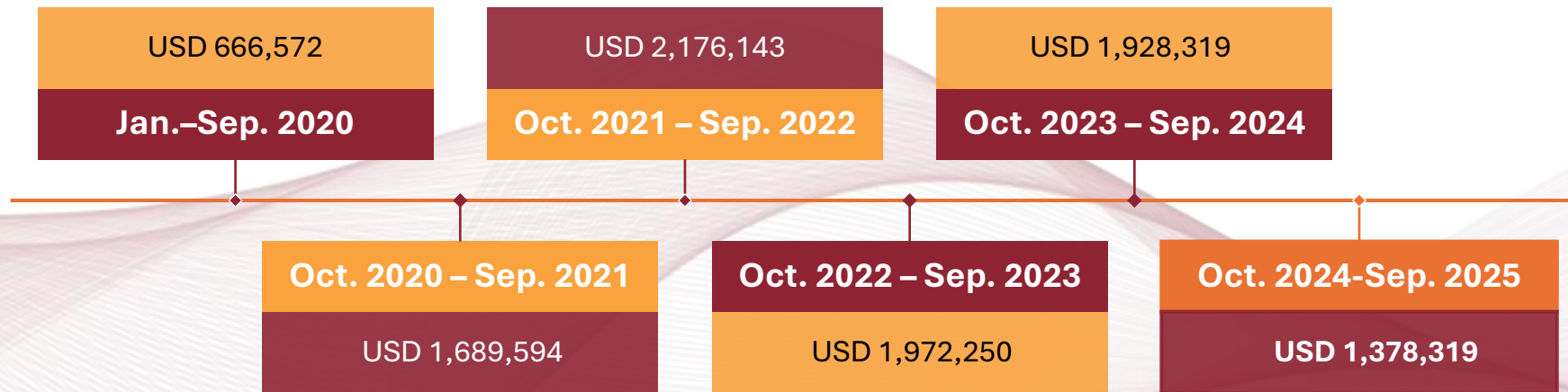


Funding DREAMS



Funding of the DREAMS Program

The DREAMS program in Bomu has been fully funded by CDC since its inception in 2020, as set out below:



Notes:

- There has been a decline in funding since FY21-22.
- The current funding deficit between FY23-24 and FY24-25 is USD 593,931.
- It is projected that the funding will reduce to USD 1,226,703.91 in FY 25-26 and USD 1,091,766.488 in FY 26-27.



Our ask: invest in her DREAMS



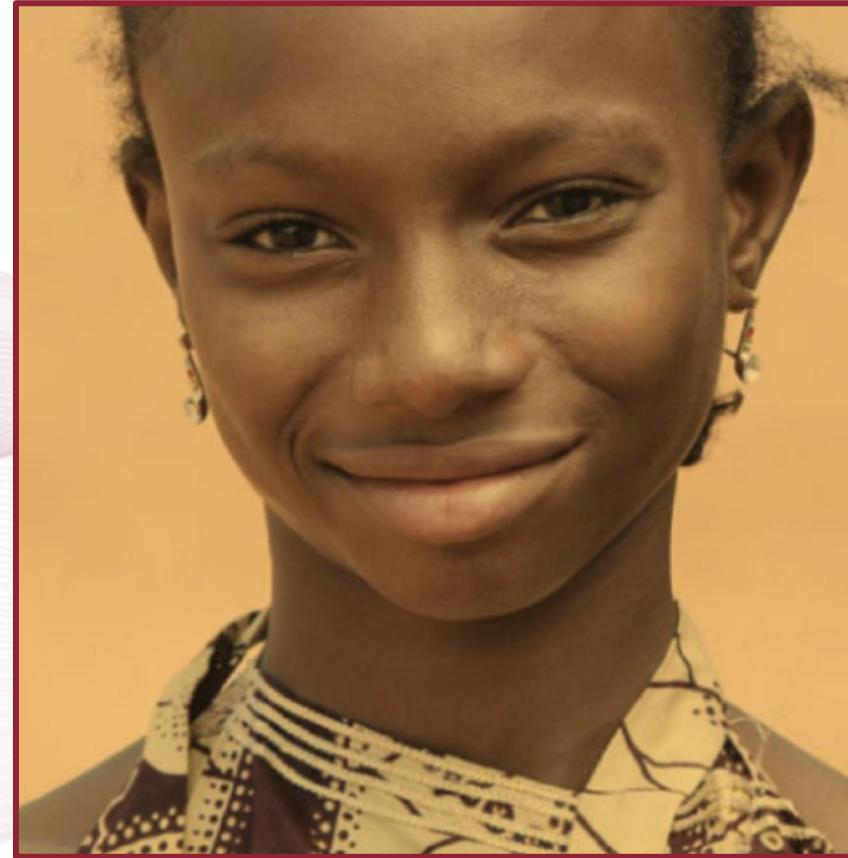


Our Ask:

Invest in her DREAMS!

USD 500

**Sponsors one beneficiary
for one year**



Our Promise:

Recognition and Transparency



Donor Recognition

- . Plaques
- . Website mentions



Ensuring Transparency

- . Detailed fund allocation reports
 - . Online fund tracking
 - . Annual financial audits
-

A Call to Action: Invest in her DREAMS!



<https://www.bomuhospital.org>



aabid.ahmed@bomuhospital.org

aanjarwalla@ach-legal.com

karim.anjarwalla@aln.africa



+254 722 887 151/ +44 7470 575088